



*“Give the world the best you have and the best will come back to you”  
Madeline Bridges*

Volunteers are what make our work possible. To join our team of volunteers, please fill out form:

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Phone #:** (H) \_\_\_\_\_ (O) \_\_\_\_\_ (Cell) \_\_\_\_\_

**Email:** \_\_\_\_\_

**Please contact me by:**  Home  Office  Cell  Email

**I am a:**

- |   |   |
|---|---|
| <input type="checkbox"/> <i>Stroke Survivor</i>         | <input type="checkbox"/> <i>Caregiver</i> |
| <input type="checkbox"/> <i>Healthcare Professional</i> | <input type="checkbox"/> <i>Other</i>     |

**Please select the volunteer activities you are interested in:**

- |  |   |
|--|---|
| <input type="checkbox"/> <i>Administrative / Office Assistance</i> | <input type="checkbox"/> <i>Community Outreach</i>          |
| <input type="checkbox"/> <i>Data Entry</i>                         | <input type="checkbox"/> <i>Event Planning</i>              |
| <input type="checkbox"/> <i>Fundraising</i>                        | <input type="checkbox"/> <i>Graphic Design</i>              |
| <input type="checkbox"/> <i>Media Relations</i>                    | <input type="checkbox"/> <i>Research (Internet / Phone)</i> |
| <input type="checkbox"/> <i>Website / Social Media Management</i>  | <input type="checkbox"/> <i>Other</i> _____                 |

**Please list any special skills or experience** (i.e. accounting, graphic design, website management, fundraising, event planning, foreign language, etc.): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Total hours available (per week):** \_\_\_\_\_

**Days of the week available:** \_\_\_\_\_

Please mail form to the address below.

Thank you for your interest in helping Stroke Association of Florida meet its mission goals.

# Stroke Association of Florida

## Volunteer Opportunities

### **Administrative / Office Assistance**

- General office support
- Word processing
- Mailings
- “Runner”- gather donated items, place event posters into the community, etc.

### **Community Outreach**

- Contact corporations to set up presentations
- Prepare educational handouts for presentations
- Health Fairs & Community Events - pick up supplies, set-up and break-down, staff SAF table for event duration, answer questions and hand out literature
- Research upcoming health-related community events

### **Data Entry**

- Event evaluations
- Maintain donation and contact databases
- Resource Guide updates

### **Fundraising**

- Event planning – all aspects of event planning
- Grant research & grant writing
- Corporate giving program & sponsorships
- Community giving program, local business partnerships & sponsorships

### **Graphic Design**

- Design brochures, invitations, flyers, posters

### **Media Relations**

- Media exposure – research strategic timing for publishing
- Write press releases and PSAs
- Maintain database of media contacts and deadlines

### **Research (Internet / Phone)**

- Local resources for Resource Guide
- Current stroke news stories for newsletter

### **Website & Social Media Management**

- Website content updates
- Website calendar updates
- Website & Facebook usage reporting
- Facebook updates